



IndabaSM
Spa at Innisbrook

spa treatment menu

IndabaSM Spa treatment menu

ESSENCE OF INDABA

| | |
|------------------------------|--------------|
| Essence Treatments | \$40 – \$200 |
| Essence Rituals | \$45 – \$250 |

MASSAGE

| | | |
|---|------------|--------------------|
| Indaba's Signature Ritual | 50/80 min | \$130/195 |
| Indaba Signature Citrus Massage | 50/80 min | \$130/195 |
| Sports Massage | 50/80 min | \$115/185 |
| Deep Tissue Massage | 50/80 min | \$115/185 |
| Hot Stone Massage | .80 min | \$185 |
| Pre-Natal Massage | 50/80 min | \$100/160 |
| Swedish Massage | 50/80 min | \$100/160 |
| Core Reflexology | 25/50 min | \$55/110 |
| Couples Massage | 50/80 min | <i>prices vary</i> |
| Sunset Scalp Massage | 25 min | \$40 |
| In-Room Massage | 50/80 min, | add \$30 |

BODY TREATMENTS

| | | |
|--|---------|-------|
| The Vala Ritual | .80 min | \$185 |
| Organic Sugar Glow | 25 min | \$65 |
| Coco-Luscious Body Treatment | .50 min | \$125 |
| Citrus-C Body Treatment | .50 min | \$125 |

SKINCARE ORGANIC FACIALS

| | | |
|-----------------------------------|-----------|-----------|
| Baobab Awakening Ritual | 50/80 min | \$140/205 |
| Indaba Signature Facial | .80 min | \$160 |
| Pure Results Facial | .50 min | \$110 |

MEDICAL GRADE FACIALS

| | | |
|---|-----------|-----------|
| Alpha Beta [®] Facial + HomeCare Product | 25/50 min | \$140/175 |
| Custom Booster Facial | 50 min | \$120 |
| Deep Cleansing Acne Facial + Home Care Product | 50 min | \$110 |

JUST FOR MEN

| | | |
|--|--------|-------|
| Gentleman's Highlands Facial | 50 min | \$110 |
| Fairways Foot Treatment | 25 min | \$45 |
| High-Shine Buff Manicure | 30 min | \$25 |
| Pedicure | 50 min | \$50 |

ENHANCEMENTS

| | | | |
|-----------------------------------|------|------------------------|------|
| Instant Beauty for Lips | \$30 | Hot Stone | \$15 |
| Instant Beauty for Eyes | \$30 | Aromatherapy | \$5 |

WAXING

| | | | | | |
|-----------------------|--------|-------|--------------------|--------|-------|
| Brow | 15 min | \$20 | Neck | 15 min | \$18 |
| Lip or Chin | 5 min | \$18 | Underarm | 15 min | \$20 |
| Bikini Line | 25 min | \$50+ | Arms | 25 min | \$40 |
| Brazilian | 50 min | \$80+ | Half Leg | 25 min | \$40+ |
| Back | 25 min | \$40+ | Full Leg | 50 min | \$80+ |
| Ears | 15 min | \$18 | | | |

FINAL TOUCHES MAKEUP ARTISTRY

| | |
|---------------------------------|------|
| Makeup Application | \$40 |
| Makeup Lesson | \$50 |
| Bridal Makeup Package | \$90 |
| Lash Application | \$25 |
| Brow Tinting | \$20 |

NAIL SERVICES

| | | | | |
|-------------------------------------|-------------|---|-----------------------|-------------|
| Juju's Hand Ritual | \$35 | / | Foot Ritual | \$58 |
| Classic Manicure | 30 min \$25 | / | Pedicure. | 50 min \$50 |
| Coco-Luscious Manicure | 40 min \$35 | / | Pedicure. | 50 min \$58 |
| Ice Cream Social Manicure | 40 min \$35 | / | Pedicure. | 50 min \$58 |
| Polish Change | | | | \$15 |
| Shellac Manicure | | | | \$35 |
| Blue Chamomile Pedicure | | | | \$58 |

ADD-ONS

| | |
|---------------------------------|------------------------------|
| French Polish Upgrade | Hands \$7; Feet \$7 |
| Paraffin Wax Treatment. | 15 min Hands \$15; Feet \$15 |

MOROCCAN OIL TREATMENTS

| | |
|-------------------------------------|------|
| Nourishing Mask Service | \$20 |
| Revitalizing Scalp Service. | \$45 |
| Root-to-Tip Service | \$60 |
| The Ultimate Service | \$75 |

HAIRCUTS & STYLES

| | | | |
|-----------------------------------|-------|----------------------------|------|
| Shampoo & Simple Style | \$35 | Men's Simple Haircut | \$25 |
| Haircut & Simple Style | \$55 | Men's Spa Haircut. | \$45 |
| Up-Do & Specialty Style | \$65+ | Child's Haircut | \$20 |
| Women's Cut Only | \$25 | | |
| Blowout | \$15 | | |
| Flat Iron | \$15 | | |
| Bridal Up-Do | \$85 | | |

HAIR COLORING – Permanent or Semi-Permanent

| | |
|---|--------|
| Color Retouch | \$60+ |
| Color Retouch w/Color Balance | \$80+ |
| First Time Color. | \$70+ |
| Double Process | \$85+ |
| Color Correction | \$100+ |

HIGHLIGHTING

| | | |
|--------------------------------|------------------------|--------|
| Single Foil each \$7 | Partial Foil | \$70+ |
| ½ Head Foil \$90+ | Full Foil | \$110+ |

COMBINATION SERVICES

| | |
|--|-------|
| Color Retouch w/Partial Foil | \$125 |
| Color Retouch w/½ Head Foil | \$145 |
| Color Retouch w/Full Foil | \$170 |

SPA PACKAGES

| | |
|--|------------------|
| The Indaba Experience: | |
| Facial, massage, manicure, pedicure, lunch. | 4 hours \$360 |
| Relax & Renew | 1.5 hours \$145 |
| "Take 5": Foot treatment, scalp massage, 25 min exfoliation, 25 min massage, spa lunch. | 2 hours \$225 |
| Bridal/Honeymoon Spa | Rates from \$120 |

Treatment prices do not include gratuities. For your convenience, we will add a 20% discretionary gratuity for all services.

**Rates are per room, per night. Packages are available year-round, subject to availability at time of reservation.*



SPA HOURS:
Monday – Thursday, 10am – 6pm
Friday & Saturday, 10am – 7pm
Sunday, 10am – 5pm



IndabaSM
Spa at Innisbrook

SpaAtInnisbrook.com
Spa direct phone: 727.942.5258
Resort toll free: 800.492.6899



Innisbrook[®]
A SALAMANDER[®] GOLF & SPA RESORT

36750 U.S. Highway 19 N, Palm Harbor, FL 34684

02/12 5M